## YOUR HEALTH

WHAT VARYING YOUR BEAT | minds with new companions. WILL DO TO KEEP YOU WELL.

same way, day after day, and year ical being. after year, exhausts the nervous en- Commuters must fight the effects the Jay. "Some friends and I and

much for him as he did for me. He of the mind and body,

have new ideas and match as a trip to Europe.

mind you can have no hope of good need?" he asked and from a tree

ergy and leads to depression of of the gray montony arising from them there this summer just for fun, the daily necessity of catching the to have something to do, as we con't The other day I was in Cincinnati, 7:30 train. To struggle into the eat nuts. This hollow tree is just O., attending a public health exposi- same cars daily, and to wash the Dacked full and you and Uncle Wigtion. A newspaper reporter came to dishes three times a day, every day gily may have them all. Hur-ray! my room in the hotel to "interview" in the year, are both irksome and Hur-ray; me. I wish I could feel I did as undermining to the natural functions

We were talking about the loneli- You will meet a friend you ness of great cities and the rare oc- baven't seen in 10 years. He has cusions on which we meet old stuck to his route and you to yours. The change has brought you to-"I have a cure for that," he said gether. This is pleasant. It gives was well. "Vary your walk each day. Don't you something new to talk about go to and from business over the Your mind is aroused and your hear

your regular route. You make new heart and circulation. It hastens gily and Curley's candy. your breathing and gives a glow to This wise young man is right. Not your skin. You may blush with Alleged Window Peeper only is his prescription a cure for pleasure for the first time in years, homesickness, but it is a tonic for All in all it is good for you and the nervous system. You need and will make you live longer. Try a I need new thoughts, new sights, change of scene without money and plaint of several residents of a west new friends, new experiences. Un- without price. Often enough repeatless we would crystalize and fossilize ed these changes are as good for you

# UNCLE

HE STORY OF THE CHRIST. MAS STAR.

BY HOWARD R. GARIS,

Outside the hollow stump bunga- here,' low of Uncle Wiggily sounded loud "Pay' Chay! Zay" screeched the

the Cabbage Leaf Gazette paper, "Is Blue Jay. rat lady housekeeper. "I wouldn't "I'm not going away! I'm going to make such a noise. It's one of those scold everybody!" And he did-at

rackety Blue Jay birds. They stay least it sounded so. around in the woods all winter, see- "Oh, my head! My tail! My paws!" ing what they can pick up and hide, sighed the poor squirrel gentleman.

that's what I'll do!" laughed the the North Woods this year-or only

Jay, are you?" asked Uncle Wiggily. come," spoke the bunny. "No. I'm not exactly going to hurt him." answered Miss Fuzzy Wuzzy. Bushytail. "We squirrels and chip-"I just want to scare him away, begives me a headache."

else, where no one lives, to sound his What to do I don't know. I wisn-

Uncle Wiggily and he spoke to the Blue Jay bird. Said the bunny: Your loud cries make Nurse tered the squirrel. "Shake your

Jane's head ache. Please go away. "Hay! Hay! Hay! Ray! Ray! Ray! scolded the bird, ruffling his stue feathers, for his voice did sound as though he was scolding, though perhaps he did not mean to. And away

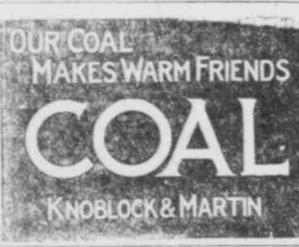
"There," said Uncle Wiggily, comsee he went when I spoke a few kind | words to him. Nurse Jane. Kind mords are more than broomstick blows, a gentle voice than jazzmg

said the musicrat lady, as she let the anybow. I'm glad the scolding Jay is sone. I don't see what use they!

"Ch everything has a use," said And now I am going over Bushvinil, the sourcel

entleman, and soon he the nest house where lived





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Main 1618.

Without a contented and active "Are these the kind of nuts you

Monotony is deadly to the nerves, health. When you become un- there clattered down hickory nuts, It drives one almost to distraction to happy, or when you settle down into chestnuts and walnuts, hundreds of have to endure the hum-drum of a the dread monotony of mere exist. them. perfectly ordered life. To do the ence, you cannot glow with good same thing, at the same time, in the health, nor can you thrive as a phys. ed Mr. Bushytall, much surprisel.

had been a sergeant in our army dur- It is good advice to vary your daily ing the war, and his comments on walks. Go one way today, another that conflict and his recital of his tomorrow and a third way the next Mr. Jay, to give us these nuts. Now The nine defendants, who were experiences were most fascinating. day. Look at the new houses, the I must not stop to relate all his lawns, the gardens, the different gry. Everything is all right!" interesting story, but he told me his styles of building, the varying paveamidote for homesickness. That is ments and the changing varieties of

Bushytail, the squirrel boys. "Oh, Uncle Wiggily. I'm so glad morning that I---

harsh voice cried: "Hay! Hay! Zoop! Zoop! Bezay!

Be-zay! Be-zay." "Goodness. What's that "One of those scolding Jay Birds."

ungalow, and I suppose he flew blue feathered bird.

"Hay! Hay! Ray! Ray! Nay! Nay! "This is terrible!" cried sar. Bushytail. "We can't talk while that "My goodness!" exclaimed Uncle noise sounds, and I have something Wiggily, almost jumping out of his important to tell you. Uncle Wigeasy chair in which he was reading gily. Go on away!" he cried to the Platner's Cigar Store.

"No! No! Nay! Nay! Nay! Hay! "Indeed, it isn't!" said the musk- Hay! Hay!" yelled the noisy bird.

always yelling at the top of their "Well, I'll do the best I can to tell And from a tree outside a Blue has happened is this: From the North Woods a lot of poor squirrel families have come down here to live "I'll 'hay' you! I'll 'straw' you, in our forest. There were no nuts in uskrat lady, as she caught up her a few—and the squirrels all came

"Well, I'm sure they are wel-

"That's the worst of it!" said Mr. munks have only enough nuts stored away for our own use. We did not count on company, and with so many extra to feed we shall all go hungry "Hay! Hay! Hur-ray! Hur-ray!"

sounded from the tree overhead. "That scolding Jay again!" chat-



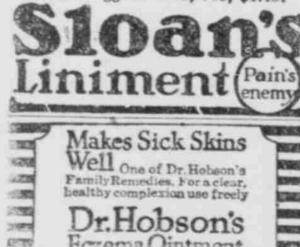
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# TRIALS SCHEDULED

"Where did you find them?" ask- Sunday Raid Net Catches Mike Alby, Proprietor of Mag-"In this hollow tree," answered yar Hall Resort.

alleged bootleggers were arraigned before Judge George W. Omacht in "Hur-ray it is." cried Mr. Bushy- sale raids made by police details tall when he had scrambled up the Saturday and Sunday. Their cases hollow tree and looked inside to find were set for hearing later in the

the popcorn ball over the gas stove ct., and Michael Matyevich, of the Division st., Main 2403, and make the looking glass laugh, same address; Frank Owenhouse, You meet old friends who are off Change of scene is good for your I'll tell you next about Uncle Wig- Colfax hotel, and Joseph Niespod-

rheumatism crutch at him and drive

"Let me speak kindly to him first"

"Hay! Hay! Let me speak!"

said the bunny. "Oh, Mr. Jay--"

screeched the blue-feathered bird.

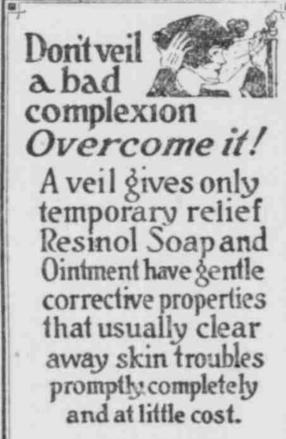
him away!"

May Face Other Counts as a witness against the latter it was Arrested Sunday night on comide neighborhood, who charge him with accosting girls on the street and quor laws were set for hearing on "peeping" in windows of several of different dates. Cellant's case was ski st., remained in custody of the Alby, Cline, Biddle, Kalusa and the father of Johnnie and Billie police Monday without arraignment Matyevich were set for Thursday,

Sunday night he was eaught by podziany will face trial Saturday. to see you," chattered Mr. Bushytail. Night Minute-man Roy Poure follow- The banner "pinch," according to "There is so much trouble this ing a telephoned complaint to head- members of the police department, quarters by Sophie Radecki. Con- was that of Alby, alleged proprietor Suddenly, from a tree overhead, a tinuing their investigation of Noelke, of the "saloon" in the Magyar hall, the police averred Monday that they on S. Chapin st. The place has been are assured Noelke is wanted in con- under the surveillance of the police nection with petit larceny. It is be-

answered Uncle Wiggily. "I just DISCUSSING THE ALL-AMERICAN asked one to fly away from my discuss the All-American selections and grumble because it isn't a hundred percent Notre Dame, add to the comfort of your morris chair one one of George Platner's good cigars. Pick out your own favorite

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hild, should write at once to W. S. Rice, 116-A Main St., Adams, N. Y., for free trial of his woaderful stimulating ipplication. Just put it on the rupture and the muscles begin to tighten; they begin to bind together so that the openng closes naturally and the need of a support or truss is then done away with. Don't neglect to send for this free trial. Even if your rupture doesn't bother you what is the use of wearing supports all your life? Why suffer this nuisance? Why run the risk of gangrene and such dangers from a small and innocent little rupture, the kind that has thrown thoumen and women are daily running such risk just because their ruptures do not hart por prevent them from getting around. Write at once for this free trial as aided in the cure of ruptures that were as big as a man's two fists. Try and write at once, using the coupon be-

Resulting from an intensive campaign launched by the police against

it full of nuts. "You are very kind, week, the extra squirrels will not go hun- charged with unlawful possession of intoxicating liquor for sale, are: "Zay! Zay! Zay!" screamed the Michael Alby, 316 S. Chapin st. Jay as he flew away, and then Uncle George Ballog, 916 W. Division st., Wiggily knew he wasn't scolding af- and Phillip Cellant, 511 W. South st. ter ail. That was just the bird's way proprietors of so-called "soft drink"

of talking. So the hungry squirrels emporiums, who were arrested Sunwere fed with the nuts the Jays had day afternoon, and Casmier Hanystored in the tree for fun, and all zewski, 1035 W. Sample st. Boyd having been as high as 11 in one Cline and Walter Biddle, 224 E. La- day. It will pay you to can the And if the egg turner doesn't bat salle st.; George Kalusa, 914 Leon Elaborated Roofling Co., 107 W. ziany, 2324 W. Division st. Owen- of all standard makes, \$1.95 and up house was discovered drinking at at the U. S. Army Store, 330 S. Mich. the Leon ct. address, operated by 6t. Kalusa and Matyevich, and is held

"Banner Pinch." Trials for the men made defendhe homes, B. Noelke, 1822 Werwin- set for Wednesday, while those of the day following. Ballog and Nies-

for some time but previous raids! had been for the most part unsuccessful. The police were able to secure pleasant views. One of the finest only a small quantity of "moon" homes in Portage Heights is offered whisky, but in addition several for sale. This bungalow has 5 large empty whisky bottles, smelling of liuor, were seized as evidence.

Taking the Tip!

That the people of South Bend were heeding the request to mail Christmas packages early was evident Monday morning in the large number of packages received at the ocal postoffice. Postmaster Hunter has issued warnings repeatedly, stating that the early mailing of packcity court Monday, following whole- ages would lighten greatly the burden that falls on the postoffice department at this season of the year, and would make possible the delivery of all mail before Christmas. Gratification was expressed at the

> Due to Elaborated Fire-Resisting Heretofore, this time of the year has been one of roof fires, there

FIRE RISK VERY LOW,

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breathing, or if your child wakes up during the night with croup and you home-made cough remedy. Any druggist can supply you with 21/2 ounces of Pinex. Pour this into a pint bottle and fill the bottle with plain granu-24vtf lated sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup, i This recipe makes a pint of really remarkable cough remedy. It tastes good, and in spite of its low

> quick and lasting relief. You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing. Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is probably the best known means of overcoming severe coughs, throat and chest colds. There are many worthless imitations of this mixture. To avoid disappointment, ask for "21/2 ounces of Pinex" with full directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Ft. Wayne, Ind.

Store Hours: 8:30 A. M. to 6 P. M.; Saturday 9:30 P. M.

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Fine Filet Lace Scarfs,

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Many Pleasing Gifts Can Be Found Dresser and Table Scarfs

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Now early shoppers will find fresh stocks and full assortments, quick and careful service and unhurried opportunity for selection. Not possible in the last days before Christmas. Favored gifts and attractive novelties are listed here at early shopping prices.

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Turkish Towel Sets, including fancy towel and two wash cloths at ...\$1.00 and \$1.25

The Housewife Would Like a Pair

lovely inexpensixe gifts.

of these beautiful scalloped Table Cloths, round scalembroidered Pillow Cases, a loped with blue or white mask, size 22x22, ready

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Particularly beautiful are these ribbons

Hair Bow Ribbons, moire

with self and contrasting

satin edge at, yard ....50c

cellent quality, in plain col-

at ....\$1.00

Handsome Brocade Rib-

bons in plain colors, excellent

quality, 10 inches wide at,

yard .....\$1.25

Fancy Brocade Ribbon in floral designs,

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yard .....\$2.50

Ribbons for tying packages, holly and

ors; 6-inch at 85c; 81/2-inch

Beautif Satin Ribbon, ex-

of brocade, satin and taffeta. They make



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36-inch Round Doilies Filet Lace Scarfs, size 18x with 3-inch cluny lace edge, 52 at .....\$2.25 special .....\$1.98

Dresser Scarfs, size 15x46,

Among These

size 18x36, very dainty, lace edge, at .....\$1.00

Table Linens As Typical of Christmas As a Sprig of Holly Ready Made Hemstiched Table Cloths, warranted all pure linen with 6 napkins to match, excellent quality, set

at .....\$12.00 Table Cloths, mercerized damask, excellent quality, 2 yards square, to be hemmed.

at .....\$3.00 Ready Made Table Cloths, mercerized damask. round scalloped, 68 inch, superior quality at . . . \$2.00 Mercerized Damask Table Cloths, can be finished round or square at ...\$1.75

Pure Linen Napkins, size

20x20, excellent quality, dozen .....\$7.00 Napkins, mercerized dapair in a box at . . . . . . \$2.00 edge, 58 inch, special \$1.39 made, dozen . . . . . . \$3.00

### A New Dress

for Christmas To Make as She Chooses is what many women would rather have



Canton Crepe, 40 inch, in navy, brown and black, yard ......\$3.50 New Brocaded Crepe de Chine, 36 inch, in navy, Pekin blue and black, yard . . \$2.50 Dutchess Satin, 36 inch, in black only, very special ,yard .....\$1.79 Figured Kimona Silks, 36 inch, yard

at .....\$1.50 New Striped Skirtings, 56 inch, in navy. tan, brown, black and white, yard . . . \$4.95 Chiffon Velvet in navy, brown and black, 40 inch at, yard .....\$4.89

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Many beautiful knitted garments can be made from these fine yarns. It's none to soon to begin now.

Saxony yarns for knitting infants' garments in light blue and pink, ball . . . . 29c Fleisher's best zephyr knitting yarns in black,

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Silky Worchester, Lamma Wool and Radio Shetland yarns in black and white and a big assortment of light and dark shades at, ball ... 48c

Sunlight knitting varns, Fleisher's yarn, large hank large hanks in black, white in black, white and colors, and colors, special, hank 

## Every Mother Likes Nice

Towels

Cotton Huck Towels, size

18x36 at ...........25c Fancy Mercerized Damask Towels, size 19x35, neat Linen Huck Towels, size 18x35, good quality at .69c Linen Huck Towels, size 20x35, good quality at .75c Fancy Turkish Towels in dainty plaid combinations at ......50c, 75c, \$1.00

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goes farther than many of the other brands. You use only a rounded or heaping teaspoonful where many others call for two teaspoonfuls or more.

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## Soil That Makes Tillers Independent

That is the kind of soil that surrounds the source of the Kankakee River, just two miles west of South Bend; that is the kind of soil which lies from three to ten feet deep on over 3,000 acres of this great piece of "Pay Dirt in St. Joseph County."

True, it took cultivation and scientific draining to make this soil worth while. But the amount of time and money applied to it is negligible in comparison to that spent in irrigating and fertilizing the arid wastes of the far west, which are today providing not only food for the nation, but food for the world as well.

And ACTUAL YIELDS FROM THE STEEN-BURG FARMS HAVE SO FAR SURPASSED THE YIELDS FROM OTHER SIMILAR PIECES OF LAND.

Today, drained and cultivated, these Steenburg Farms of St. Joseph County muck land present rich, black soil, the depth of which in many places has not been determined. This soil has for some time been used in an experimental way by the United States Agricultural Department. Representatives from this department have declared it the most productive soil in this part of the coun-

Celery growers from the vicinity of Kalamazoo, known as the Celery Center of the United States, go into ecstacies over the quality and the quantity of this soil. Coupled with the fact it is so convenient to South Bend, with such shipping facilities to Chicago, Toledo, Indianapolis and other centers, they readily admit the possibilities of the Steenburg Farms as the greatest truck growing center in the middle-west, if not in the country.

These Steenburg Farms are a veritable unrecognized gold mine in South Bend's "back yard," This is the second of a surfes of articles pertaining to them and their future. Watch these paces.

Number 3

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